

**Follow-Up Visit Form  
Ian Wattenmaker, M.D.**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. Have your symptoms changed since your last visit here? Y N If so, how?

\_\_\_\_\_  
\_\_\_\_\_

2. Has your condition improved, deteriorated or remained the same since your last visit here? (Circle One)

3. Is the pain mild, moderate or severe? (Circle One)

4. List new treatment since your last visit? \_\_\_\_\_

**DO NOT WRITE IN THIS AREA**

CC:

ASSOC:

ONSET:

PRIOR:

PATTERN:

QUALITY:

NIGHT: Y N

FEVERS:

CHILLS:

SPHINCTER FXN: NOR ABN

\_\_\_ **CHECK IF NO CHANGE SINCE YOUR LAST VISIT TO THIS**

Medication (List All Taken) Dose Reason for Medication

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Allergies:

**OFFICE**

\_\_\_ **CHECK IF NO CHANGE SINCE YOUR LAST VISIT TO THIS OFFICE**

**PAST MEDICAL HISTORY**

|                                 |
|---------------------------------|
| Surgeries/Hospitalizations Year |
| _____                           |
| _____                           |
| _____                           |
| _____                           |

5. Have you ever had problems with anesthesia? Y N If yes, describe \_\_\_\_\_

\_\_\_ CHECK IF NO CHANGE SINCE YOUR LAST VISIT TO THIS OFFICE

**REVIEW OF SYSTEMS**

Have you ever had problems with your:

Circle

Describe All Yes Responses

|                                 |     |       |
|---------------------------------|-----|-------|
| Eyes                            | Y N | _____ |
| Ears, Nose, Throat              | Y N | _____ |
| Digestive Problem               | Y N | _____ |
| Bladder or Prostate Problem     | Y N | _____ |
| Diabetes                        | Y N | _____ |
| High Blood Pressure             | Y N | _____ |
| Heart Disease                   | Y N | _____ |
| High Cholesterol                | Y N | _____ |
| Kidney Disease                  | Y N | _____ |
| Bleeding Problems               | Y N | _____ |
| Hepatitis or Liver Disease      | Y N | _____ |
| Depression                      | Y N | _____ |
| Cancer                          | Y N | _____ |
| Arthritis                       | Y N | _____ |
| Lungs or Breathing Problems     | Y N | _____ |
| Seizures or Neurologic Problems | Y N | _____ |

\_\_\_ CHECK IF NO CHANGE SINCE YOUR LAST VISIT TO THIS OFFICE

**FAMILY HISTORY**

Significant Family History: \_\_\_\_\_  
 \_\_\_\_\_

\_\_\_ CHECK IF NO CHANGE SINCE YOUR LAST VISIT TO THIS OFFICE

**SOCIAL HISTORY**

\_\_\_ Employed (Occupation: \_\_\_\_\_)    \_\_\_ Student    \_\_\_ Retired  
\_\_\_ Single    \_\_\_ Married    \_\_\_ Divorced    \_\_\_ Widowed  
Children Y N    If yes, #\_\_\_

Exercise \_\_\_ Daily    \_\_\_ Weekly    \_\_\_ Rarely

What Type of Exercise? \_\_\_\_\_

History of Substance Abuse?    Y N    What Type? \_\_\_\_\_

Smoke Currently?    Y N    If Yes, \_\_\_\_\_ packs per day for \_\_\_ years.

Quit Smoking?    \_\_\_ No    \_\_\_ This Year    \_\_\_ >5 years    \_\_\_ >10 years

Alcohol Consumption?    \_\_\_ Never    \_\_\_ Daily    \_\_\_ 1-2 Times Per Week    \_\_\_ Rarely

**Patient Signature:** \_\_\_\_\_    **Date:** \_\_\_\_\_

**Reviewed By:** \_\_\_\_\_, MD    **Date:** \_\_\_\_\_

**TO BE COMPLETED BY PHYSICIAN**  
**MUSCULOSKELETAL PHYSICAL EXAMINATION**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**CONSTITUTIONAL:** Hgt: \_\_\_\_\_ Wgt: \_\_\_\_\_ HR. \_\_\_\_\_ Appearance: Unhealthy  
 Healthy  
 Obese  
 Distress  
 Other: \_\_\_\_\_

**CARDIOVASCULAR:** Nor \_\_\_\_\_ Abn \_\_\_\_\_

|              |       |       |      |      |      |           |
|--------------|-------|-------|------|------|------|-----------|
| Swelling     | _____ | _____ | R.UE | L.UE | R.LE | L.LE      |
| Varicosities | _____ | _____ |      | R.UE | L.UE | R.LE L.LE |
| Edema        | _____ | _____ |      | R.UE | L.UE | R.LE L.LE |
| Tenderness   | _____ | _____ |      | R.UE | L.UE | R.LE L.LE |
| Temperature  | _____ | _____ |      | R.UE | L.UE | R.LE L.LE |
| Pulses       | _____ | _____ |      | R.DP | R.PT | R. Radial |
|              |       |       |      | L.DP | L.PT | L. Radial |

**LYMPHATICS:** Palpation of Lymph Nodes

|                 |       |       |
|-----------------|-------|-------|
|                 | Nor   | Abn   |
| Supraclavicular | _____ | _____ |
| Neck            | _____ | _____ |
| Axillae         | _____ | _____ |
| Inguinal        | _____ | _____ |

**MUSCULOSKELATAL:** Gait \_\_\_\_\_

|                       | <u>Inspect/Palp.</u> |       | <u>ROM</u> |       | <u>Stability</u> |       | <u>Strength</u> |       |
|-----------------------|----------------------|-------|------------|-------|------------------|-------|-----------------|-------|
|                       | Nor                  | Abn   | Nor        | Abn   | Nor              | Abn   | Nor             | Abn   |
| Upper Ext.            | _____                | _____ | _____      | _____ | _____            | _____ | _____           | _____ |
| Lower Ext.            | _____                | _____ | _____      | _____ | _____            | _____ | _____           | _____ |
| Head/Neck             | _____                | _____ | _____      | _____ | _____            | _____ | _____           | _____ |
| Spine/Ribs/<br>Pelvis | _____                | _____ | _____      | _____ | _____            | _____ | _____           | _____ |

**NEURO/PSYCH:** Coordination \_\_\_\_\_  
 Finger/Nose \_\_\_\_\_  
 Heel/Knee/Shin \_\_\_\_\_  
 Fine Motor \_\_\_\_\_  
 Coordination \_\_\_\_\_

SLR  
 Hoffman's  
 Finger Jerks  
 Adductors  
 Horner's  
 Spurlings

PSIS  
**Sensation:** Upper Ext. \_\_\_\_\_  
 Lower Ext. \_\_\_\_\_  
 Head/Neck \_\_\_\_\_

Spine/Rib/Pelvis \_\_\_\_

**TO BE COMPLETED BY PHYSICIAN**  
**MUSCULOSKELETAL PHYSICAL EXAMINATION**

**SKIN:**

|                       | Head/Neck         |     | Spine/Ribs/Pelvis Upper Ext. |     |     |     | Lower Ext. |     |
|-----------------------|-------------------|-----|------------------------------|-----|-----|-----|------------|-----|
|                       | Yes               | No  | Yes                          | No  | Yes | No  | Yes        | No  |
| Scars                 | ___               | ___ | ___                          | ___ | ___ | ___ | ___        | ___ |
| Rashes                | ___               | ___ | ___                          | ___ | ___ | ___ | ___        | ___ |
| Lesions               | ___               | ___ | ___                          | ___ | ___ | ___ | ___        | ___ |
| Ulcers                | ___               | ___ | ___                          | ___ | ___ | ___ | ___        | ___ |
| Cafe-au-lait<br>Spots | ___               | ___ | ___                          | ___ | ___ | ___ | ___        | ___ |
|                       | AA&Ox3<br>Appears |     | Y                            | N   |     |     |            |     |
|                       | Depressed         |     | Y                            | N   |     |     |            |     |
|                       | Anxious           |     | Y                            | N   |     |     |            |     |
|                       | Agitated          |     | Y                            |     |     |     |            |     |

**STUDIES:**

X-RAYS:

MRI:

MYELOGRAM/CT SCAN:

X-RAYS TAKEN TODAY:

DX:

RX:

\_\_\_\_\_  
 Performed By:

Date: \_\_\_\_\_